

Skill Sharing with Specsavers and Steph McGovern

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u3a members have created tutorials for a new series hosted by Specsavers showcasing the skills of #GenerationWOW

u3a are working with Specsavers on a new series of tutorials.

The series highlights the knowledge and skills of older adults and the benefits of sharing skills between generations.

The first of the tutorials on the hub include presenter Steph McGovern, who is supporting the campaign, learning how to paint from her dad. Elsewhere on the hub, Sherburn & Villages u3a member Margaret creates a centrepiece using a shop bought bouquet and Edinburgh u3a member Judith shares the skill of laughter yoga.

Watch the first tutorials on [the Specsavers Hub now](#).

Do you have a skill that you would like to share in a future tutorial? [Get in touch](#).